## **Supporting Your Child During Times of Crises**

## Hosted by The Greater Anaheim SELPA, in partnership with the Orange County Department of Education Crisis Response Network

When a child experiences a crisis or a death, it can be difficult to know how to help children cope. Difficult life events, painful transitions, illness and injury affect a large number of children. How much kids can understand about a crisis and loss depends largely on their age, life experiences, and personality. Some children appear to cope well independently or with their own support networks; others are at risk of not coping at all. In addition to the impact of the personal well-being and welfare of the child, their academic performance can also suffer.

This workshop will facilitate understanding of the common reactions of children in crises, identify risk factors and warning signs, and explore supportive practices that helpers can immediately incorporate into their work with children, students, parents, and communities. Through this workshop, we hope to bring light to the importance of teaching our children resilience and how to return to a functional well-being or new "normal" after a crisis.

Presenter	OCDE Crisis Response Network
Date	November 9, 2021
Time	6:00 pm – 7:30 pm
Location	Virtual Presentation

Please RSVP to Jennifer Cox at jcox@gaselpa.org. A Zoom link will be provided after registration.

